



مركز الاعتماد  
و ضمان الجودة  
ACCREDITATION & QUALITY ASSURANCE CENTER



**The University of Jordan**  
**Accreditation & Quality Assurance Center**

**Course Syllabus**

**Course Name:**  
**Foundations of Professional  
Nursing (Theory)**

**Course Number:**

5701105

**SCHOOL OF NURSING****COURSE SYLLABUS****DEPARTMENT: CLINICAL NURSING DEPARTMENT****[SEMESTER ACADEMIC YEAR]****2<sup>ND</sup> SEMESTER, 2019/2020****THE MISSION OF THE UNIVERSITY OF JORDAN**

Providing students with fulfilling learning experiences, conducting knowledge-producing research, and building firm societal ties, within an environment conducive to creativity, innovation, and entrepreneurship; making efficient use of resources and forging fruitful partnerships.

**THE VISION OF THE SCHOOL OF NURSING**

Reaching to a leading and internationally competitive school in the field of nursing sciences education, scientific research, and community service.

**THE MISSION OF THE SCHOOL OF NURSING**

The School of Nursing dedicates itself to improve the quality of healthcare through graduating nurses with professional competencies who are able to provide nursing care, conduct scientific research, and provide community service with high professionalism, through proper planning of the educational environment, encouraging leadership and creativity, and developing the potential capabilities of students.

**SCHOOL OF NURSING'S CORE VALUES**

Our values are derived from the Islamic Arabic heritage and the nursing profession which include: *integrity, equality, and justice; transparency and accountability; innovation and excellence; leadership and teamwork; discipline; response; and most importantly caring.*

1	<b>Course title</b>	Foundations of Professional Nursing (Theory)
2	<b>Course number</b>	5701105
3	<b>Credit hours (theory, practical)</b>	(3,0)
	<b>Contact hours (theory, practical)</b>	(3,0)
4.	<b>Prerequisites/co-requisites</b>	Prerequisite:(5701101) / Concurrent with (5701106)
5.	<b>Program title</b>	Bachelor
6.	<b>Program code</b>	07
7.	<b>Awarding institution</b>	The University of Jordan
8.	<b>School</b>	Faculty of Nursing
9.	<b>Department</b>	Clinical Nursing
10.	<b>Level of course</b>	1st year
11.	<b>Year of study and semester(s)</b>	2020/2021 2nd semester
12.	<b>Final Qualification</b>	B.Sc. in Nursing
13.	<b>Other department(s) involved in teaching the course</b>	None
14.	<b>Language of Instruction</b>	English
15.	<b>Teaching methodology</b>	<input type="checkbox"/> Blended <input checked="" type="checkbox"/> Online
16.	<b>Electronic platform(s)</b>	<input checked="" type="checkbox"/> Moodle <input checked="" type="checkbox"/> Microsoft Teams <input type="checkbox"/> Skype <input type="checkbox"/> Zoom <input type="checkbox"/> Others.....
17	<b>Date of production/revision</b>	4 Feb 2020/ 14 Feb 2021

**18. Course Coordinator:**

Faculty member: Rasha Dabbour RN, PhD.  
Office number: School of Nursing/ 3rd floor (Office # xxx)  
Office hours: *Sunday (12:00-14:00); Wednesday (9:00-11:00)*  
Phone numbers: 03--962-3-2090450, Ext. 36075  
Email addresses: [r.dabbour@ju.edu.jo](mailto:r.dabbour@ju.edu.jo)  
Faculty member website: <http://eacademic.ju.edu.jo/>

**19. Other instructors:**

Faculty member:  
Office number:  
Office hours:  
Phone numbers:  
Email addresses:  
Faculty member website:

**20. Course Description:**

This course is designed to provide the beginning student with the basic knowledge and positive attitudes related to the individual's physiological, psychological, and social needs according to the functional health patterns. This knowledge helps students to understand the integrated care models and complementary therapies, and therefore reflected in the planning and implementation of individual nursing care, using the nursing process steps as a strategy in planning and implementation.

**21. Course aims and outcomes:**

**A- Aims:** Prepare the students to understand principles of holistic care modalities

**B- Intended Learning Outcomes (ILOs):** Upon successful completion of this course, students will be able to...

<b>Intended Learning Outcomes (ILO)</b>	
<b>ILO 1: Demonstrate competency in performing and providing the role of a professional nurse in quality care provision for individuals, families, and groups.</b>	
Specific Course Objectives	<ul style="list-style-type: none"> <li>- Describe the phases, components, and methods of each phase of the nursing process.</li> <li>- Differentiate objective and subjective data and primary and secondary data.</li> <li>- Discuss measurement of blood oxygenation using pulse oximetry.</li> <li>- Describe factors affecting skin integrity.</li> <li>- Identify assessment data pertinent to skin integrity, pressure sites, and wound.</li> <li>- Describe nursing strategies to treat pressure ulcers, promote wound healing, and prevent complications of wound healing.</li> <li>- Apply appropriate nursing interventions to prevent and manage pressure ulcers when they develop.</li> <li>- Differentiate different phases of wound healing.</li> <li>- Discuss essential components and purposes of nutritional assessment and nutritional screening.</li> <li>- Explain essential aspects of nutrition and energy balance.</li> <li>- Describe nursing interventions to promote optimal nutrition.</li> <li>- Compare and contrast different types of feeding.</li> <li>- Describe the physiology of elimination (urination and defecation).</li> <li>- Identify factors that influence urinary and fecal elimination.</li> <li>- Identify common causes of selected urinary and fecal elimination problems.</li> <li>- Perform nursing assessment of urinary and intestinal tract functions.</li> </ul>
Relevant Competency (JNC)	Quality improvement, client centered care, safety.
Evaluation Methods	Multiple choice questions exam.
<b>ILO 2: Apply principles of effective communication with peers, individuals, families, groups, and health care team.</b>	

Specific Course Objectives	<ul style="list-style-type: none"> <li>- Describe the phases, components, and methods of each phase of the nursing process.</li> <li>- Compare nursing diagnosis, medical diagnosis, and collaborative problems.</li> <li>- Compare and contrast different documentation methods.</li> <li>- Identify factors that the nurse must consider when setting an interview.</li> <li>- Describe the process of selecting and choosing nursing intervention.</li> </ul>
Relevant Competency (JNC)	Professional communication.
Evaluation Methods	Multiple choice questions exam.
ILO 3: Utilize critical thinking and problem solving in planning and implementing nursing care for individuals, families, and groups.	
Specific Course Objectives	<ul style="list-style-type: none"> <li>- Describe the significance of developing critical thinking abilities in order to practice safe, effective, and professional nursing care.</li> <li>- Discuss the relationship among the nursing process, critical thinking, the problem solving process and the decision making process.</li> <li>- Apply the nursing process to different patient with health problems.</li> </ul>
Relevant Competency (JNC)	Quality improvement.
Evaluation Methods	Multiple choice questions exam.
ILO 4: Apply professional standards, values, and behaviours in providing nursing care for individuals, families, and groups.	
Specific Course Objectives	<ul style="list-style-type: none"> <li>- Apply the nursing process to different patient with health problems.</li> <li>- Describe the nurse's roles in the delivery of health care with emphasis on the Jordanian health care delivery system to clients, families, and community.</li> <li>- Illustrate the basic concepts of professional nursing, health, illness, and wellness.</li> <li>- Describe the process of selecting and choosing nursing intervention.</li> </ul>
Relevant Competency (JNC)	Professional communication, quality improvement.
Evaluation Methods	Multiple choice questions exam.
ILO 5: Demonstrate safety measures to protect self, individuals, families, and groups.	
Specific Course Objectives	<ul style="list-style-type: none"> <li>- Describe the significant of developing critical thinking abilities in order to practice safe, effective, and professional nursing care.</li> </ul>
Relevant Competency (JNC)	Quality improvement, client-centered care, safety.
Evaluation Methods	Multiple choice questions exam.
ILO 6: Translate organizational, leadership, inter-professional collaboration, and management concepts into nursing care for individuals, families, and groups.	
Specific Course Objectives	<ul style="list-style-type: none"> <li>- Understand the concept of leadership in nursing practice.</li> <li>- Compare nursing diagnosis, medical diagnosis, and collaborative problems.</li> <li>- Describe Nursing roles in each phase of the nursing process.</li> <li>- Identify factors that the nurse must consider when setting priorities.</li> </ul>
Relevant Competency (JNC)	Quality improvement, ethical and accountable practice.
Evaluation Methods	Multiple choice questions exam.
ILO 7: Utilize evidence based practice in providing care for individuals, families, and groups.	

Specific Course Objectives	<ul style="list-style-type: none"> <li>- Describe basic concepts and knowledge of nursing science and care</li> <li>- Identify evidence-based practices to the intention to improve the quality of nursing care in relation to client with nutritional, skin integrity, and elimination health problem.</li> </ul>
Relevant Competency (JNC)	Professional communication, collaboration, and consultation Ethical and accountable practice Quality improvement Safety Evidence based practice
Evaluation Methods	Multiple choice questions exam.

## 22. Topic Outline and Schedule:

Class 1: Sunday, Monday, & Tuesday from 14:00-15:00					
Day and date	Week no.	Topic	Achieved ILOs	Ev. Methods	Reference & pages <u>Koziers</u> and Erbs eBook
21&22&23 FEB 2021	1	Introduction and course overview Overview of the Nursing process	1-7	T, V	Chapter 6
28&1 &2 FEB/MAR 2021	2	Nursing process: assessment	1-7	T, V, WA	Chapter 6
7&8 &9 MAR 2021	3	Nursing process: diagnosis	1-7	T, V, WA	Chapter 6
14&15&16 MAR 2021	4	Nursing process: planning & intervention	1-7	T, V, WA	Chapter 6
21&22&23 MAR 2021	5	Nursing process: evaluation & documentation	1-7	T, V	Chapter 6
28&29&30 MAR 2021	6	Medications	1-7	T, V	Chapter 20
4&5&6 APR 2021	7	Skin Integrity and Wound Care	1-7	T, V	Chapter 11
11&12&13 APR 2021	8	Skin Integrity and Wound Care (cont.)	1-7	T, V, WA	Chapter 11
18&19&20 APR 2021	9	Nutrition <b>Midterm Exam 30% On MON 19 April 2021 @ 12:00 place TBA</b>	1-7	T, V, WA	Chapter 15
25&26&27 APR 2021	10	Urinary elimination	1-7	T, V	Chapter 16
2&3&4 MAY 2021	11	Fecal elimination	1-7	T, V, WA	Chapter 16
9&10&11 MAY 2021	12	Oxygenation	1-7	T, V	Chapter 13
16&17&18 MAY 2021	13	Promoting Psychosocial health	1-7	T, V, VR	Chapter 19
23&24&25 May 2021	14	Promoting Psychosocial health			
30&31 May 2021	15	Revision	1-7		All
		<b>Final Examinations Period Final exam 40% TBA [2-14/June 2021]</b>	1-7		All
*Evaluation Method keys: <b>O</b> = Observation (in clinical setting)   <b>RD</b> : Return Demonstration   <b>T</b> : Written Test   <b>V</b> : Verbal Review <b>WA</b> : written assignment # evaluation rubric at the end of the syllabus					

**23. Learning Methods and Assignments:**

Development of ILOs is promoted through the following teaching and learning methods: (Choose from table below)

The clinical experience will take place in the Faculty of Nursing laboratories.

Lecturing
Use of Audio Visual Aids
Group Activities

**Learning Methodologies:**

The following approaches that are guided by *Adult Learning Theory* will be used to achieve course and clinical objectives related to the ILOs:

Instructional Methods	Learning Activities (Examples)
• Direct Instruction	• Structured orientation lectures
• Indirect Instruction	• Evidence-based articles • Literature searches and reviews
• Interactive Instruction	• E-learning using Moodle, Microsoft teams
• Experiential Learning	• Experiential learning in clinical setting
• Independent Study	• Self-directed literature review and synthesis to address problems in a specific case study

**24. Evaluation Methods and Course Requirements:**

Opportunities to demonstrate achievement of the ILOs are provided through the following assessment methods and requirements:

**Multiple choice question exams.**

Evaluation Methods		
Exams		Assigned Points
Midterm Exam	Week 9 MON 19 April 2021 @ 12:00; place JUEXAM	30%
Assignments	Week 4, 12	20%
Participation, quizzes, home works	Ongoing	10%
Final Exam	Final Examinations period 1-6-2021 14-06-2021	40%
<b>Total</b>		<b>100%</b>

**25. Course Policies:**

A- Attendance policies:

- Students must attend all classes of this course.
- Any student with absence of 15% of the classes of any course, will not be allowed to sit for the final exam and will be given the university zero (F grade) in this course.
- In the case (b) above, if a student submits an official sick report authenticated by university clinic or an accepted excuse by the Dean of his/her faculty, the student will be considered as withdrawn from the course, and a "W" will be shown in the transcript for this course.

- d. Students are not allowed to come late to classes. Any student coming late will not be allowed to attend the class and he/she will be marked absent.

**B- Absences from exams and handing in assignments on time:**

- e. Failure in attending a course exam other than the final exam will result in zero mark unless the student provides an official acceptable excuse to the instructor who approves a make up exam.
- f. Failure in attending the final exam will result in zero mark unless the student presents an official acceptable excuse to the Dean of his/her faculty who approves an incomplete exam, normally scheduled to be conducted during the first two weeks of the successive semester.
- g. Assignments and projects should be submitted to the instructor on the due date.

**C- Health and safety procedures:**

Students should comply with the Faculty of Nursing policies regarding pre-hospital training immunizations. Students should comply with the training areas policies regarding infection control, general precautions, and patient isolation.

**D- Honesty policy regarding cheating, plagiarism, misbehavior:**

- Cheating, plagiarism, misbehaviour are attempts to gain marks dishonestly and includes; but not limited to:
- Copying from another student's work.
- Using materials not authorized by the institute.
- Collaborating with another student during a test, without permission.
- Knowingly using, buying, selling, or stealing the contents of a test.
- Plagiarism which means presenting another person's work or ideas as one's own, without attribution.

Using any media (including mobiles) during the exam

- **The participation or the commitment of cheating will lead to applying penalties according to the University of Jordan Students' Discipline rules and regulations No. (94, 49, 47,27, 29):**  
**<http://units.ju.edu.jo/ar/LegalAffairs/Regulations.aspx>**

**E- Examination Instructions for Students**

- Bring with you full exam requirements (blue pen, pencils, sharpener, eraser, calculator etc.), borrowing from others is not allowed.
- Do not bring any material related to the exam
- Do not bring your mobile phone to the Exam room
- Be in the exam room at least 10 minutes before exam starting time
- It's not allowed to enter the exam room late. In case of coming late you have to contact the course coordinator immediately
- It's not allowed to leave the Exam room before the end of the END OF AT LEAST ONE-THIRD OF THE EXAM TIME.
- Write your name and university number on the exam paper and computerized sheet using **Blue** pen only.
- Use pencil **ONLY** to shade your answers on the computerized answer sheet.
- Do not leave examination room except under exceptional circumstances at the discretion of the Senior Invigilator and you should be accompanied by an invigilator, if needed.
- For Re-exam issue refer back to the university rules.

**F- Grading policy:**

A grade of (D) is the minimum passing grade for the course.



Mark Range	Grade
0-35	F
36-49	D <sup>-</sup>
50-53	D
54-57	D <sup>+</sup>
58-61	C <sup>-</sup>
62-65	C
66-69	C <sup>+</sup>
70-73	B <sup>-</sup>
74-77	B
78-81	B <sup>+</sup>
82-85	A <sup>-</sup>
86-100	A

**G- Available university services that support achievement in the course:**

Parallel clinical foundation course

**26. Required equipment:**

Audery, B., Shirlee, J., Barabara, K., Glenora, L., Maysoon, S., Fathieh, A., & Mohammad, Y. (2014). Fundamental of nursing concept, process, & practice, Arab world edition, 2012. Pearson Education Limited.

**27. References:**

A- Required book (s), assigned reading and audio-visuals:

Audery, B., Shirlee, J., Barabara, K., Glenora, L., Maysoon, S., Fathieh, A., & Mohammad, Y. (2010). fundamental of nursing concept, process, & practice, Arab world edition, 2012. Pearson Education Limited.

B- Recommended books, materials, and media:

Smeltzer, S., & Bare, B., Hinkle, J., & Cheever, K. (2014). Brunner and Suddarth's textbook of medical surgical nursing (13th Ed.). Philadelphia, PA.: Lippincott.

Hogan-Quigley, B. Palm, L. Bickley, L. (2013). Bates' Nursing guide to physical examination and history taking (11th ed.). Philadelphia: Wolters Kluwer Health/Lippincott Williams & Wilkins.

C- **Electronic resources: None**

**Relevant Website and Journals**

**Database:** None

**Website:** None

**28. Additional information:**

None

Name of Course Coordinator: **Dr. Rasha Dabbour** Signature:-----Date: **FEB 14, 2021**

Head of curriculum committee/Department: ----- Signature:-----

Head of Department: ----- Signature: -----

Head of curriculum committee/Faculty: ----- Signature: -----

Dean: -----Signature: -----

Copy to:  
Head of Department  
Assistant Dean for Quality Assurance  
Course File |